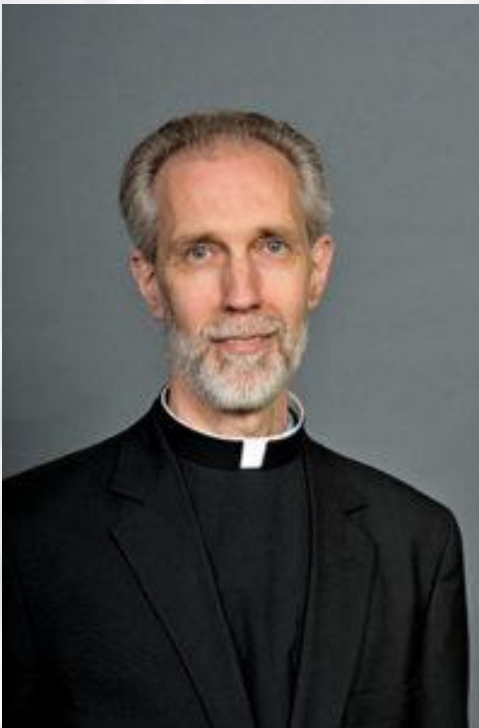


# Deepening My Interior Life to Follow Christ Wherever He Leads

## In Ipso is offering a 24-week school of prayer with Fr. Chris Hellstrom



- The classes offer deepening spiritual formation for the laity, ages 21 and up. These classes are also ideal for those who exercise leadership in the Church but desire a deeper relational life with God.
- It is for those who feel an active call from Christ to follow him more closely and serve him in their daily life circumstances.
- It is adapted from the spiritual formation lectures offered to seminarians at St. John Vianney Seminary during their Spirituality Year.
- It is intended for individuals who have undergone some introductory prayer formation. In Ipso's *God Within* class taught by Peter Stur is an excellent foundation. Other preparatory experience can be Biblical School classes, retreats, parish programs with a prayer component, etc.
- For the class to attain fruitfulness, attendees commit, to the best of their ability, to attend all the classes, to practice daily prayer, and to be open to the guidance of the Church

Tuition of \$20 per class (24 classes + 3 prayer nights). Couples enjoy 50% discount on second participant.

Aside from class tuition, In Ipso ministry is funded by donations.

**Scholarships are available** to ensure that finances are not a barrier for those who desire to grow in relationship with the Lord

**Thursdays beginning Sept 17<sup>th</sup>  
7:00-8:30 PM  
Emmaus Center  
(Parish Hall)**

Register at [www.in-ipso.org](http://www.in-ipso.org)

For more information,  
email [andrea@in-ipso.org](mailto:andrea@in-ipso.org)  
or call 720-203-4499

